

OTC Medicine Dosing Guide

****Tylenol every 4 hours, Ibuprofen every 6-8 hours (only after 6 months of age)****

Weight	6-11 lb	12-17 lb	18-23 lb	24-35 lb	36-47 lb	48-59 lb	60-71 lb	72-95 lb	> 95 lb
Acetaminophen (Tylenol)	40 mg	80 mg	120 mg	160 mg	240 mg	320 mg	400 mg	560 mg	720 mg
Tylenol Concentration (160 mg / 5 mL)	40 mg (1.25ml)	80 mg (2.5ml) 1/2 tsp	120 mg (3.75ml) 3/4 tsp	160 mg (5ml) 1 tsp	240 mg (7.5ml) 1.5 tsp	320 mg (10ml) 2 tsp	400 mg (12.5ml) 2.5 tsp	480 mg	640 mg

Ibuprofen (Advil, Motrin)	6	50 mg	75 mg	100 mg	150 mg	200 mg	250 mg	300 mg	400 mg
Ibuprofen Concentration (50 mg / 1.25mL)	M O N	50 mg (1.25mL)	75 mg (1.875mL)	100 mg (2.5mL) 1/2 tsp	150 mg (3.75mL) 3/4 tsp	200 mg (5mL) 1 tsp			
Ibuprofen Concentration (100mg / 5mL)	T H S	50 mg (2.5mL) 1/2 tsp	75 mg (3.75mL) 3/4 tsp	100 mg (5mL) 1 tsp	150 mg (7.5mL) 1.5 tsp	200 mg (10mL) 2 tsp	250 mg (12.5mL) 2.5 tsp	300 mg (15mL) 3 tsp	400 mg (20mL) 4 tsp

****Benadryl (every 6 hours) Recommended for allergic reaction, itchy rash or hives ****

Not recommended for cough or < 4 yrs

< 1 YR - TALK WITH DOCTOR FIRST BEFORE DOSING

Weight	11-13 lb	14-19 lb	20-27 lb	28-40 lb	41-54 lb	55 + lb
Diphenhydramine (Benadryl) Concentration (12.5mg / 5mL)	(2mL)	6.25 mg (2.5mL) 1/2 tsp	9.375 mg (3.75mL) 3/4 tsp	12.5 mg (5mL) 1 tsp	18.75 mg (7.5mL) 1.5 tsp	25 mg (10mL) 2 tsp
FastMelt Chewable Tab (12.5 mg)				1 Tab	1.5 Tab	2 Tab
(25 mg)				1/2 Tab	1/2 Tab	1 Tab